

**UNIVERSITY OF CENTRAL**  
**FLORIDA**

**THE DRUG FREE SCHOOLS AND CAMPUSES**  
**ACT**  
**BIENNIAL REVIEW**  
**CONDUCTED FALL 2004**



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## **AOD OFFICE MISSION STATEMENT**

To support the University's academic mission by reducing the negative impact to UCF students and the campus community around the misuse and abuse of alcohol and other drugs, and to create a campus environment that promotes low risk and healthy life style choices by students. This will be accomplished by providing students with an appropriate and comprehensive continuum of alcohol and other drug related education, prevention, intervention, counseling, and referral services. Additionally, our goal is to increase the personal and academic success of students by providing leadership and coordination to the University and its community partnerships, and to encourage the implementation of multiple environmental and educational strategies in multiple settings.

## **AOD OFFICE STATEMENT OF PROGRAM GOALS**

1. Evaluate the efficacy of present University AOD programs, policies, procedures, and practices.
2. Develop a campus culture which promotes student health and encourages low risk behaviors around alcohol and other drug use.
3. Implement Environmental Management Strategies.
4. Develop a comprehensive system of services to address the needs of students experiencing AOD related problems and those at risk for developing such problems.
5. Increase outcome evaluation of programs, services, and events.
6. Increase internal and community partnerships and participation on AOD Task Force/Coalition and in AOD Programming Office activities.

## **DESCRIPTION OF AOD PROGRAM ELEMENTS IN THE DFS&CA** **RECOMMENDED FIVE AREAS OF ENVIRONMENTAL INTERVENTIONS**

### **1. Alcohol Free Options**

The University of Central Florida provides an environment with alcohol free options using the following suggested strategies:

- Creates and promotes alcohol-free events and activities
- Creates and promotes service learning and volunteer opportunities
- Publicizes student service learning and volunteer opportunities
- Provides expanded hours at the Student Union Library, Student Resource Center and other alcohol-free settings such as the Recreational and Wellness Center
- Promotes nonalcoholic beverages at events
- Provides specific on-campus programming aimed at alcohol free weekend activities such as “LATE KNIGHTS” programming series Freshman Frenzy and Link First Year Experience Programs

### **2. Normative Environment**

The University of Central Florida creates a social, academic and residential environment that supports health-promoting norms using the following suggested strategies:

- Exams/projects increasingly require class attendance and academic responsibility
- Promotion of additional Friday classes
- Zero Tolerance for Drugs Residence Halls
- Faculty are encouraged to engage in a high level of contact with students
- Students are educated about misperceptions of drinking norms
- Student leadership (orientation leaders, resident assistants, Greeks, athletes, student organizations) promotes positive, healthy norms
- Students have the opportunity to advise and mentor peers-through the REACH Peer and Health Education Program and others.
  - Pro-health messages are publicized through campus and community media channels

### **3. Alcohol Availability**

The University of Central Florida’s AOD prevention program limits alcohol availability through the following recommended policies:

- Alcohol is restricted on campus
- Alcohol use is prohibited in public places
- Delivery or use of kegs or other common containers is prohibited on campus
- Alcohol servers are required to be registered and trained

- Server training programs are mandatory
- Guidelines for off-campus parties are disseminated
- Proposals have been made, in conjunction with MADD, on the state level to require keg registration

#### **4. Alcohol Marketing and Promotion**

The University of Central Florida's AOD prevention program limits marketing and promotion of alcohol on and off campus using the following recommended strategies:

- Alcohol advertising on campus is limited
- Alcohol industry sponsorship for on-campus events is limited
- Announcement content of party or event is limited
- Flyers advertising drink specials are banned

#### **5. Policy Development and Enforcement**

The University of Central Florida's AOD prevention program has led to the development and/or more consistent enforcement of the recommended policies below:

- On-campus functions must be registered
- ID checks at on-campus functions re enforced where alcohol is being served
- Disciplinary sanctions for violation of campus AOD policies are increasing
- Criminal prosecution of students for alcohol-related offenses are increasing (with assistance of Division of Alcoholic Beverages and Tobacco)
- State driver's licensing formats have changed
- Driver's license penalties for minors violating alcohol laws are enforced
- Sellers/servers are educated about potential legal liability by members of TAC
- ID checks at off-campus bars and liquor stores are enforced by ABT
- Penalties for sale of liquor to minors are enforced by ABT through "sting" operations
- Penalties for possessing fake ID's are enforced
- Undercover operations are used at retail alcohol outlets by ABT
- DUI laws are enforced by a coalition consisting of Orlando Police Department, Orange and Seminole County Sheriff's Office, Florida Highway Patrol, Oviedo Police Department and the UCFPD.
- Driving checkpoints (or roadblocks) are implemented
- A campus coalition or task force exists to oversee the development/review of the campus AOD policies and consistency of enforcement
- Measures are in place to ensure consistency of enforcement through campus sanctions and arrests oversight
- UCFPD has created a group of Law Enforcement and other related professionals called Knightwatch. They coordinate enforcement and safety activities in conjunction with UCF home football games and other large events.

## **SUMMARY OF AOD PROGRAM STRENGTHS AND WEAKNESSES**

### **1. Favorable Compliance**

- There is campus-wide, broad-based and multi-disciplinary awareness, support and involvement for the AOD services and activities on campus.
- Establishment of a multi-disciplinary AOD Task Force, with a wide range of active members.
- A Peer Health Education component exists within the AOD office. Interested students take a 3 hour credit class and then can apply to become a trained Peer Educator. Such Peers are highly regarded student leaders and have been quite effective and very well received by the campus community.
- A number of community partnerships exist that enable the provision of additional services, activities and programs. A strong relationship exists with Law Enforcement (both on and off campus), the County Alcohol Beverage and Tobacco (ABT) units, and the local AOD and MH community based Behavioral Health Organizations.
- The UCF AOD Office has been very involved at the state level working as part of a dynamic Statewide Initiative/Coalition, with prevention/intervention representatives from over 26 Florida colleges and universities. Together they have increased the overall visibility of IHE AOD needs. FHE:ASAP provided technical assistance, and assisted in development and publication of the Florida “Changing Alcohol Norms (CAN)” White Paper.

### **2. Compliance Concern**

- Alcohol and drug policy and other required AOD information distribution methods do not verify receipt of material.
- Lack of coordination of AOD data collection.

## **DESCRIPTIONS OF AOD PROGRAM ELEMENTS AND DISTRIBUTION**

For Students, Faculty, and Staff:

- Current alcohol policy for both individuals and organizations (<http://www.osrr.sdes.ucf.edu>)
- Current drug policy for both individuals and organizations (<http://www.osrr.sdes.ucf.edu>)
- Educational workshops for first-time policy violators
- UCF Athletics policies required by the NCAA for all student athletes involving alcohol and other drugs ([http://www.ncaa.org/library/sports\\_sciences/drug\\_testing\\_program/2001-02/introduction.html](http://www.ncaa.org/library/sports_sciences/drug_testing_program/2001-02/introduction.html))
- Mandatory residential statement read and signed regarding the campus zero tolerance drug policy and alcohol policy prior to receiving access to their rooms (<http://www.housing.ucf.edu>)

Distribution is made in several ways to Students, Faculty, and Staff:

- All students, faculty, and staff are mailed a copy of the UCF Golden Knights Safety Guide at the beginning of each fiscal year (July to July) which includes AOD policy, sanction and legal consequences, and program and treatment referral information.  
(<http://www.police.ucf.edu>)
- Residential students must sign form stating understanding of policy prior to receiving keys to room.
- AOD issues are discussed in mandatory orientation sessions for all new and transfer students and their parents.
- All mandated AOD information is available by accessing the UCF Golden Rule through the Office of Student Rights and Responsibilities.  
(<http://www.osrr.sdes.ucf.edu>)

### **RECOMMENDATIONS TO ADDRESS BIENNIAL COMPLIANCE CONCERNS**

- Utilize standardized measurements to assess student alcohol/drug usage. The Institutional Research Department at UCF will work with the AOD Office to ensure that data collection methods are valid and reliable.
- The AOD Office will develop a plan to ensure annual dissemination and receipt of AOD policy to students, staff and faculty.